CDPH HAI Program
COVID-19 Infection Control Training Curriculum
Focus on SNF

Self-Study

This training curriculum will provide you with the education and resources needed to assess and provide consultation for a facility's response to COVID-19. Follow the training in numerical order to build a strong foundation of infection control methods and strategies facilities can use to prevent, detect, contain, and respond to COVID-19, as well as address supply and staffing shortages. If you have any questions, or need further guidance, please reach out to your HAI team (email).

Sections:
- General information - Information on COVID-19 is available through these links.
- Infection control - In order of importance- Guidance on limiting exposure, making physical changes in the workplace to reduce exposure, administrative and practice controls, procedures to prevent exposure, and personal protection.
- SNF Outbreak Prevention and Control - Guidance to prepare for, prevent, detect, and manage COVID-19 in a facility.
- Addressing supply and staffing controls - Strategies for planning, monitoring, and mitigating staffing and supply shortages.
- Staying up to date - Review the latest guidance prior to advising a facility. Use these resources to stay up to date with most current information.

Document or video	*Why it's important*
General information	
1. [AFL 20-51](#) Updated COVID-19 Symptoms, 05/09/2020	New symptom list based on epidemiologic data updated three months after the pandemic began in the US
2. [CDC COVID-19 Information](#) home page	Primary resource for science-based guidance and recommendations for COVID-19; documents updated as new information becomes available
Infection control	
3. **CDC [Interim Infection Prevention and Control Recommendations for Patients with Suspected or Confirmed Coronavirus Disease 2019 (COVID-19) in Healthcare Settings](#)**	Comprehensive CDC infection control guidance for caring for COVID-19 patients in all healthcare settings; includes prevention, containment, and mitigation strategies, and describes Standard and Transmission-based precautions, as well as PPE for COVID-19 care
4. CDC [Interim Additional Guidance for Infection Prevention and Control for Patients with Suspected or Confirmed COVID-19 in Nursing Homes](#) (on the Preparing for COVID-19: Long-term Care Facilities, Nursing Homes webpage)	CDC infection control strategies specific to LTC facilities, addressing asymptomatic and pre-symptomatic transmission, cohorting, dedicated staffing, monitoring symptoms and vital signs, including pulse oximetry, and discontinuation of transmission based precautions (to be used in addition to [#3](#))
5. [AFL 20-14](#) Environmental Infection Control for COVID-19, 2/19/2020	AFL indicates that environmental infection control for COVID-19 should align with CDC guidance. Clarifies that no special handling of waste, laundry or food service items is required for COVID-19 patient care

6.	AFL 20-17 Guidance for Healthcare Facilities on Preparing for COVID-19, 3/3/2020	AFL outlines initial CDPH recommendations for preventing exposure and spread of COVID-19 in healthcare facilities; includes links to CDC, CDPH COVID-19 site, CDPH HAI Program, and CalOSHA guidance
7.	CDC FAQ: Healthcare Infection prevention and control for COVID-19	CDC webpage provides answers to frequently asked questions regarding COVID-19 such as infection reporting, discharges, PPE, and provider-specific issues
8.	CDC Hand Hygiene Recommendations: Guidance for Healthcare Providers about COVID-19 for COVID-19	Recommended methods for hand hygiene and their primary importance in preventing COVID-19 spread; emphasizes use of alcohol-base hand rub as the preferred method in healthcare facilities due to better compliance by HCP
9.	CDC FAQ: PPE for COVID-19	CDC webpage answers frequently asked questions about PPE, specifically gowns, gloves, and respirators
	SNF outbreak prevention and control	
10.	**CDPH video COVID-19 Guidance for CA SNF, presented by Erin Epson, HAI Program, March 13, 2020**	Recorded slide presentation describes how to prevent, detect, and prepare for COVID-19 in California SNFs
	• UCSF video how to put on and safely remove PPE to avoid self-contamination	Excellent video demonstrates the correct sequence of donning and doffing PPE for healthcare staff, and highlights the importance of hand hygiene between donning/doffing items to prevent self-contamination.
	• 3M video How to conduct a seal check	Video shows how to don, doff, and perform a seal check each time HCP dons an N95 respirator to achieve proper fit
11.	AFL 20-25.2 Preparing for COVID-19 in California Skilled Nursing Facilities, 4/15/2020 and key attachments	AFL provides critical information for SNFs and other congregate living facilities to prepare their facilities and staff to prevent, detect, and care for residents with COVID-19
	• Preparing for COVID-19 in California SNF	Checklist of minimum standards for SNFs to prevent, detect, and prepare for COVID-19
	• Assessment of California SNF to Receive (*and Care for*) Patients with Confirmed COVID-19	Guidance to LHDs and SNFs describing elements needed for receiving and caring for residents with suspected or confirmed COVID-19
	• Detection and Management of COVID-19 Cases in SNF	Flowchart demonstrating detection and management of SNF residents with newly suspected and confirmed COVID-19
12.	AFL 20-22.1 Guidance for Limiting the Transmission of COVID-19 in Long-Term Care Facilities, 3/11/2020	AFL provides guidance on discouraging, limiting, and restricting visitation, and includes a link to the visitation waiver notice
13.	AFL 20-33 Interim Guidance for Transfer of SNF Residents with Suspected or Confirmed COVID-19, 4/1/20	AFL clarifies CDPH expectations and provides guidance for SNFs regarding transfers and continuity of care of residents with suspected or confirmed cases of COVID-19, including when to accept the return of residents from a hospital or other care facility, and when to consult with their LHD
14.	AFL 20-52 COVID-19 Mitigation Plan Implementation and Submission Requirements for SNF and Infection Control Guidance for HCP, 05/11/2020	AFL announces six required elements of a SNF COVID-19 mitigation plan, required for all SNFs, and advises of the new enforcement visitation schedule. Also includes updated guidance related to testing, source control, resident transfers, and staffing shortages in California
15.	CDC Criteria for Return to Work for Healthcare Personnel with Confirmed or Suspected COVID-19 (Interim Guidance)	CDC guidance with clarified and updated return to work strategies for healthcare workers with suspected or

	confirmed COVID-19, including practices for after returning to work, and mitigating staffing shortages
Addressing supply and staffing shortages	
16. CDC [Strategies for Optimizing the Supply of PPE](#) (follow and read all links for **each PPE type**)	Guidance for HCP to optimize options for PPE use during supply shortages, including contingency strategies to help stretch PPE when shortages are anticipated, for example if facilities have sufficient supplies now but are likely to run out soon and crisis strategies during severe PPE shortages. Emphasizes as PPE become available, facilities should promptly resume standard practices. Includes separate strategies for each PPE type including respirators, facemasks, isolation gowns, and eye protection
17. CDC [PPE Burn Rate Calculator](#)	Crucial tool for facilities to track daily PPE use, calculate number of days of available supplies, and plan for ordering supplies. Allows facility to detect changes in usage and alter ordering strategies before supplies run too low
18. [AFL 20-39](#) Coronavirus Disease 2019 (COVID-19) Optimizing the Use of PPE, 4/13/20	AFL describes how to safely select, use for an extended period, and store PPE to maximize staff and patient protection when there are PPE shortages
19. [NETEC video](#) Implementing extended use and reuse of available N95s	Webinar describes how three US hospitals, experienced in caring patient with Ebola and other highly infectious diseases, implement decontamination, extended use and reuse of N95 respirators
20. CDC [Decontamination and Reuse of Filtering Facepiece Respirators](#)	Guidance describes approved methods for extended use, reuse and decontamination of N-95 respirators, including the efficacy of each process
21. CDC [Mitigate Healthcare Personnel Staffing Shortages](#)	Guidance for addressing facility staffing shortages
22. [AFL 20-46](#) Requests for Urgent Staffing Resources for COVID-19	AFL establishes the steps and chain of command for urgent staffing needs, including reporting requirements and reimbursement information
Staying up-to-date on current guidance	
23. [AFL 20-50](#) Skilled Nursing Facility Infection Prevention Calls, 4/30/2020	AFL notifies health facilities of weekly SNF Infection Prevention Calls held to discuss recent updates on COVID-19
24. [CDC COVID-19 What's New](#)	Webpage that lists by most recent date the COVID-19 guidance that has been newly released or updated by CDC; checking 1-2 times per week is an easy way to stay current as more information becomes known
25. [CDPH AFL 2020](#) webpage	List of AFLs released in 2020 to provide regulatory guidance and information to CDPH licensed facilities